

VIRGINIA WRESTLING ASSOCIATION (VAWA) PRESENTS
VIRGINIA FOLKSTYLE STATE CHAMPIONSHIPS



DATES: SATURDAY, FEBRUARY 25, 2012- INDIVIDUAL CHAMPIONSHIPS
SUNDAY, FEBRUARY 26, 2012- CLUB DUAL TEAM CHAMPIONSHIPS

LOCATION: ARTHUR ASHE CENTER, RICHMOND, VA

DIVISIONS: INDIVIDUAL - K-2ND, 3RD-4TH, 5TH-6TH, 7TH-8TH
DUAL TEAM — ELEMENTARY SCHOOL K-5TH
MIDDLE SCHOOL 6TH — 8TH

TOURNEY DIRECTOR: BILL SWINK, 540-907-5176; FORGEWRESTLING@YAHOO.COM
KIDS DIRECTOR: BILL GRUBBS, 757-207-1518; 2GRUBSWRESTLE@GMAIL.COM

INDIVIDUAL ENTRY FEE: \$30.00, IF NOT PAID ON LINE, PAYMENT BY CASH OR CHECK IS REQUIRED AT CHECK IN PRIOR TO SKIN CHECKS/WEIGH-INS. CHECKS SHOULD BE MADE PAYABLE TO VAWA.

DUAL TEAM ENTRY FEE: \$300.00 EMAIL BILL GRUBBS
(2GRUBSWRESTLE@GMAIL.COM) TO CONFIRM YOUR CLUB'S SPOT IN THE ELEMENTARY AND OR MIDDLE SCHOOL DUAL TOURNAMENTS. PAYMENT WILL BE DUE SATURDAY FEB 25TH.

ADMISSION: \$5.00
(UNDER 12 & COACHES WITH 2012 USAW COACH CARD FREE)

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REGISTER ON LINE AT: <http://d5reg.thepaperlesstourney.com/>

Deadline For Registration is Wed, Feb. 22nd at midnight

WRESTLING GEAR & APPAREL WILL BE SOLD ONSITE BY ALL AMERICAN WRESTLING SUPPLY

COACHES MUST PRESENT A 2012 USAW COACHES CARD TO GET A FLOOR PASS TO COACH MAT SIDE. REMINDER: ON-LINE BACKGROUND CHECKS ARE REQUIRED EVERY 2 YEARS AND A COMPLETED BACKGROUND CHECK IS REQUIRED BEFORE YOU CAN PURCHASE A CURRENT USAW COACH CARD. BACKGROUND CHECKS MAY TAKE UP TO 2 WEEKS TO PROCESS, SO DO NOT DELAY. IF A CURRENT USAW COACH CARD CANNOT BE PRESENTED AT THE DOOR, YOU WILL NOT BE ABLE TO COACH MAT SIDE.

COMPETITORS MUST PRESENT A 2012 USAW ATHLETE CARD AT WEIGH-INS. PROOF OF GRADE WILL BE REQUIRED AT WEIGH-INS AND ON SITE IF QUESTIONED.

HEAD GEAR IS REQUIRED

TO PURCHASE OR PRINT A USAW CARD OR COMPLETE THE REQUIRED BACKGROUND CHECK, GO TO [HTTP://WWW.USAWMEMBERSHIP.COM](http://www.usawmembership.com). IF ASSISTANCE IS NEEDED, CALL SUSAN MANVILLE.

**THE NEWLY RENOVATED ASHE CENTER HAS PLENTY OF SEATING;
NO LAWN CHAIRS ALLOWED**

**AWARDS: INDIVIDUAL TOURNAMENT – MEDALS 1ST-8TH PLACE
DUAL TEAM – TROPHIES FOR THE TOP 3 TEAMS
MEDALS FOR WRESTLERS THAT ARE UNDEFEATED, ONE LOSS & TWO LOSSES**

AWARDS WILL BE PRESENTED BY A CURRENT USAW WORLD TEAM MEMBER

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If you do not make your registered weight on Friday, you have the option of changing your weight class for an additional \$20. There will be no weight changes after weigh-ins conclude on Friday.

If you do not make your registered weight and do not want to pay the weight change fee, you will not be able to wrestle and your entry fee will not be refunded.

WEIGHTS BY DIVISION:

DUE TO THE EVENING WEIGH IN WE WILL BE GIVING A 1 POUND ALLOWANCE.

K-2ND WEIGHTS: 40, 44, 48, 52, 56, 60, 64, 68, 72, And over 72.

3RD-4TH WEIGHTS:
48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, And over 100

5TH-6TH WEIGHTS: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 128, 135, OVER 135

7TH-8TH 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 170, 190, 215, OVER 215

DUAL TEAM

ELEMENTARY (K-5TH)
44, 48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 112, 119, 128, OVER 128

MIDDLE SCHOOL (6TH-8TH)
65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 170, 190, 215, OVER 215

WEIGH-INS: ALL WRESTLERS MUST WEAR A SINGLET TO WEIGH IN. WEIGH-INS WILL OCCUR AT THE REGIONAL WEIGH-IN SITES LISTED BELOW ON FRIDAY, FEBRUARY 24 FROM 6PM – 9PM. YOU MAY WEIGH IN FOR BOTH THE INDIVIDUAL AND TEAM DUALS AT THE SAME TIME, BUT WILL NEED TO HAVE BOTH YOUR INDIVIDUAL AND TEAM DUAL WEIGH IN CARD WITH YOU. **IF YOU HAVE NOT PAID YOU MUST WEIGH-IN AT THE ARTHUR ASHE CENTER**

DUAL TEAM ONLY WEIGH-IN SATURDAY 2/25 – 6:00PM – 7PM AT THE ARTHUR ASHE CENTER

Regional Weigh in Sites:

- NORTHERN VIRGINIA: ANNANDALE HS
- WINCHESTER AREA: SKYLINE HS
- CENTRAL REGION (RICHMOND): ARTHUR ASHE CENTER
- EASTERN REGION (TIDEWATER): POQUOSON MIDDLE SCHOOL
- EASTERN REGION (VIRGINIA BEACH): FIRST COLONIAL HS
- WESTERN REGION (ROANOKE AREA): CHRISTIANSBURG HS
- LYNCHBURG AREA: LIBERTY U WRESTLING ROOM
- UVA WRESTLING ROOM IN ONESTY HALL AT UVA CAMPUS

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Schedule

FRIDAY, FEB 24, AT THE REGIONAL WEIGH-IN SITES LISTED ABOVE

6PM-9PM WEIGH-INS FOR **ALL AGE GROUPS**

WEIGH INS FOR DUAL TEAM ONLY AT ASHE CENTER WILL OCCUR ON SATURDAY AT 6PM

SATURDAY, FEB 25, AT THE ARTHUR ASH CENTER

7:30AM Mandatory Skin Check for K-5th grade

9:00 AM FIRST ROUND FOR K – 2ND AND 3RD-5TH GRADE CONTESTANTS

12:30PM Mandatory Skin Check for 6th-8th grade

2:00PM FIRST ROUND FOR 6TH – 8TH GRADE CONTESTANTS

6:00PM - 7PM DUAL TEAM ONLY WEIGH-IN

SUNDAY, FEB 26, AT THE ARTHUR ASH CENTER

9:00 AM FIRST ROUND FOR DUAL TEAM CHAMPIONSHIPS

SEEDING CRITERIA

NO SEEDING THIS TOURNAMENT IS BLIND DRAW WITH WRESTLE BACKS FOR TRUE SECOND. EVERY EFFORT WILL BE MADE TO SEPARATE CLUB MEMBERS.

HOTELS (MENTION “VAWA FOLKSTYLE STATES” TO GET THE RATES BELOW.)

HOLIDAY INN EXPRESS— (LESS THAN 5 MILES AWAY) (\$79 A NIGHT OR \$99 FOR SUITES)
201 E. CARY ST, RICHMOND, VA 23219, (804) 788-1600

COMFORT INN – MIDTOWN CONFERENCE CENTER – (LESS THAN 1 MILE AWAY) (\$55 A NIGHT),
3200 WEST BROAD STREET, RICHMOND, VA 23230, (804) 359-4061

CROWN PLAZA – RICHMOND WEST (5 MILES AWAY) (\$72 A NIGHT), 6531 BROAD STREET,
RICHMOND, VA 23230, (804) 285-9951